



### **Unimate Lemon**

Delicious, clean, crisp Unimate Lemon will provide a refreshing splash to your afternoon pick-me-up or morning beverage.



There are some days when you feel like you're on top of the world—it's those kinds of days where you accomplish more, and you do it with style. Other days, your brain feels foggy, and you can't focus. So what makes the difference? How can you make every day a great day?

### Unimate helps make great days the rule, not the exception.

Yerba mate comes from a plant native to South America, where it has been consumed in community rituals for hundreds of years. Naturally rich in antioxidants and nutrients, yerba mate has been traditionally used to promote mental clarity, endurance, appetite control, and an improved mood. The yerba mate leaves in Unicity Unimate undergo a unique five-step process—handpicking, fire roasting, extracting, concentrating, and purifying. As a result, Unimate is a proprietary extract that enhances the benefits of yerba mate and contains up to 10 times the amount of chlorogenic acids (feel-good elements) found in a typical cup of coffee. No matter what daily tasks await, Unimate will support your cognitive function and endurance and help you feel great.

Choose Unimate, and choose to feel great.

## **FEATURES**

- High-quality, purified, ultra-concentrated yerba mate
- Rich source of
- Chlorogenic acids
- Theobromine
- Mate saponins
- Antioxidants
- Convenient single-serving sachets
- Sugar free

## **BENEFITS**



High levels of antioxidant and chlorogenic acid



Rich in mate saponins



Caffeine and theobromine for increased energy and better concentration



For increased energy and a good mood

## **IDEAL FOR**

## Entrepreneurs, Business People, Super Moms, and Super Dads

Unimate provides just the right amount of support to nail that afternoon presentation, finish all the household tasks, or help the kids with the project they just conveniently remembered was due tomorrow.

#### **Athletes**

Whether working out or enjoying your favorite sporting activity, Unimate helps you tackle it all. The convenient on-the-go packets make it easy to take Unimate with you for those longer excursions.

### College Students

Unimate promotes focus and concentration, and it helps you find the motivation to create successful habits and sustain a busy social life.

### **USAGE**

- Mix one packet with 17–24 oz. (500–700 mL) of water (add more or less to taste).
- Use once daily or as desired.
- Drink with hot or cold water, or try our customers' favorite recipes.



### TRY THIS!



Prepare your Unimate hot, and stir with a cinnamon stick.

Try adding a tablespoon of coconut oil to your Unimate.





Add a tablespoon of Complete powder for a healthier, sweeter beverage.

Try Unimate with ice for a cool, delicious recharge.





Looking for an extra boost? A Matcha-Unimate combination should do the trick.

## WHEN TO DRINK





Before working out

In the morning to start your day a boost of energy



Between meals



Before an important meeting, test, or presentation



Whenever you want to combat brain fog or mental fatique

# **INGREDIENTS**

Green yerba mate leaf - Yerba mate comes from the leaves of the holly plant native to the central regions of South America. Yerba mate has been used by indigenous people for centuries. Yerba mate is a natural source of caffeine, and it contains polyphenols, which have high antioxidant properties.

Yerba mate contains naturally occurring

• Chlorogenic acids - Chlorogenic acids are polyphenol compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. Chlorogenic acids are said to have a number of positive health properties. Furthermore, they are strongly antioxidant.

- Mate saponins Mate saponins are a class of molecules that are specific to the yerba mate plant. They are particularly valuable secondary plant substances.
- Theobromine Theobromine is a molecule that contains a structure similar to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. So theobromine is supposed to put you in a good mood.

# **Unimate**

Lemor

# **Nutritional Information**

Serving size: 1 sachet (6,1 g) Servings per container: 30

Per portion

Green mate leaf powder extract

3 g

**INGREDIENTS:** Green mate leaf powder extract (llex paraguariensis St. Hil.), sweetener (erythritol), acidity regulator (citric acid), stabilizing agent (sodium gluconate), meyer lemon flavor, bitter blocker flavor, sweetener (steviol glycosides), sweetener (sucralose).





## THE SCIENCE BEHIND UNIMATE

Unimate is uniquely powerful thanks to Unicity's original five-step process: handpicking, fire roasting, active biological molecule extraction, yerba mate concentration, and purification. The result is a yerba mate beverage that contains up to 375 times more chlorogenic acids than other commercially available yerba mate drinks.



1 HANDPICKED



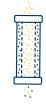
2 FIRE ROASTED



3 EXTRACTED



4 CONCENTRATED



**5** PURIFIED





### How much caffeine is in one serving of Unimate?

The product has been tested for an upper caffeine limit, and it has about as much caffeine as one cup of premium coffee. However, since natural ingredients can have some variation, the caffeine amount is not standardized.

### Can I take Unimate with Unicity Matcha?

Yes, you can use both products at the same time. Both products contain caffeine, so caffeine-sensitive individuals would be well advised to not drink the beverages together or before bed.

# Is this product compatible with ketogenic or other low-carb diets?

Unimate is ideal for keto or other low-carb diets because it doesn't break your fast while helping you to hold out longer until your next meal. This helps the body to enter the fat burning zone where the body eventually starts producing ketones.

#### How is this product different from Unicity Matcha?

Unicity Matcha mainly provides energy for the body, Unimate more of a mental energy. Matcha increases the amount of energy that is produced resulting in more cellular energy. Unimate promotes improved mood, sense of well being and a feeling like you can accomplish anything.

### What are mate saponins?

The saponins found in mate are valuable secondary plant substances.

# Why can't pregnant or nursing women use this product? Can kids use Unimate?

Unicity does not test products on children, pregnant women, or nursing women. Therefore, Unicity cannot recommend usage for these demographics. It is also good to note that Unimate does contain natural caffeine, and many sources indicate that caffeine may not be good for pregnant women or young children.

### What are chlorogenic acids?

Chlorogenic acids are a family of polyphenol compounds found in plants like yerba mate, green coffee beans, and tea. They have strong antioxidant benefits.

#### What is theobromine?

Theobromine is a molecule that is similar in structure to caffeine, but is milder and has a lasting stimulating and mood-lifting effect. Theobromine is the reason why chocolate makes you happy! Unimate has 3 times the amount of Theobromine as compared to the highest quality dark chocolate.

\*Nutritional supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. These products are not intended to diagnose, treat, cure or prevent any disease.