

UNIMATE FUEL

SNACK WITH NO REGRETS



WANT SOMETHING SWEET?

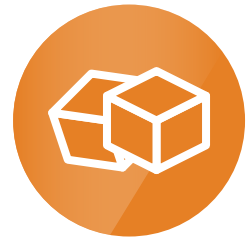
Sometimes you need something sweet – for a good start to the day or as a snack. This is the moment for Unimate Fuel with coconut oil and yerba mate! Unimate Fuel has an unbelievably delicious salted caramel flavor, provides energy and puts you in a good mood. And best of all: Unimate Fuel helps to keep glucose and insulin levels stable – perfect for those who rely on intermittent fasting, because you can enjoy Unimate Fuel between meals too!



**PROMOTES
SATIETY**



**FOR MORE
ENERGY & FOCUS**



**NO ADDITIONAL
SUGAR**

HEALTHY WITH MORE METABOLIC FLEXIBILITY

A flexible metabolism burns both carbohydrates and fat as an energy source. Unicity Activate is a program for metabolic flexibility that enables your body to learn to use its own fat reserves as an energy source. It is based on a nutrient-rich, low-carbohydrate diet and consistent fasting periods between meals.

INDEPENDENT RECOMMENDATION

Unimate Fuel has been verified to contain no doping-relevant substances and has been included by Informed Choice.



NEW ENERGY FOR BODY AND SOUL

Work, stress and a busy schedule – it is not always easy to stick to a healthy diet with fasting periods. Before you resort to chocolate as "soulfood", go for Unimate Fuel with coconut oil and yerba mate! Instead of unhealthy sugar, your body receives many valuable nutrients for body and soul, which will keep you fit much longer.

Coconut oil with a high content of easily digestible, medium-chain fatty acids

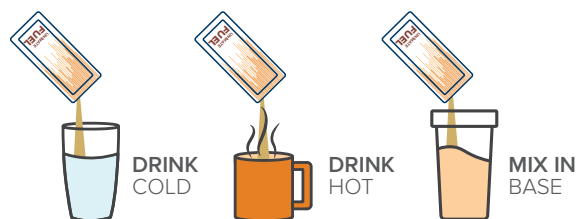
High quality, concentrated yerba mate with a natural content of:

- Chlorogenic acid and other antioxidants to protect against free radicals
- Caffeine and theobromine for more energy and focus
- Matesaponins, vitamins and minerals



Recommended Use

Mix a sachet of Unimate Fuel with 300-350 ml of hot or cold water. Drink once or twice per day to stay fit and support the feeling of satiety. *



Recommendation for weight management:

Follow the 4-4-12 principle as part of the Activate program. Take at least a 4-hour break between meals during the day where you strictly do not eat anything – not even small snacks!

Also make sure that there is at least 12 hours between dinner and breakfast. These intervals allow your body to get into the fat burning zone!

NOTE: * Not recommended for children. Unimate Fuel was developed for use in the context of the above Unicity nutritional principles. For best results, you should do an accompanying training program. If you have diabetes, are pregnant, breastfeeding, taking medication, or are under medical supervision, consult your doctor before use.