

LIFIBER

THE NATURAL AID
FOR DIGESTION



UNICITY

TIME TO CLEAN UP

Make your gut happy and the rest will follow: The fibre blend Unicity LiFiber supports your digestion and thus your overall well-being in a natural way. LiFiber effectively aids the self-cleansing functions of your digestive system with a blend of soluble and non-soluble dietary fibre.



PROMOTES HEALTHY DIGESTION



SUPPORT AGAINST CONSTIPATION



CONTRIBUTES TO WEIGHT
MANAGEMENT



SELF-CLEANSING WITH FIBRE

For a healthy digestion you need dietary fibre every day! It's all about variety – because not all dietary fibre is the same. Water-soluble dietary fibre already swells up in the stomach, thus supporting the feeling of satiety after meals. It also nourishes the beneficial gut flora. Non-soluble dietary fibres cannot be digested by the body. However, it helps to thoroughly cleanse the gut and stimulate intestinal movements.

FOR FUNDAMENTAL WELLNESS

LiFiber offers an effective combination of soluble and insoluble dietary fibres and well-known medicinal herbs to promote healthy digestion.

- 5.6 g of soluble and insoluble dietary fibre per serving
- insoluble dietary fibre to promote digestion
- soluble dietary fibre (fructooligosaccharides, apple pectin, citrus pectin)
 - contributes to healthy blood cholesterol levels
 - supports a healthy intestinal flora
- supports weight management through a long-lasting feeling of satiety
- beneficial herbs such as cayenne, clove and peppermint

Tip: LiFiber works best when combined with plenty of fluids and regular exercise.

RECOMMENDED USE

1 level measuring spoon (10g) with 220-300 ml water, mix and drink immediately. For optimal compatibility, drink with plenty of water!



SHAKE



COLD

