PRODUCT CATALOGUE

UNICITY



STATE OF THE ART PRODUCTS FOR METABOLIC HEALTH

We want to help you enjoy life and its countless opportunities with a body and mind full of energy. Based on extensive research and decades of experience, we have created powerful products which are formulated to improve metabolic health and support an active and healthy lifestyle.

Create your healthy lifestyle

You don't have to change much to take your health into your own hands: Our extensive range of products adapts easily to your needs. Along with a few simple guidelines for nutrition and exercise, our products and programs are designed to help you make your life better without turning it upside down.

Give it a try!

50 COUNTRIES WHERE UNICITY CURRENTLY OPERATES



40 OFFICES ON 5 CONTINENTS



MAKE LIFE **BETTER**UNICITY



500+ GLOBAL EMPLOYEES



500 TOP
PRIVATELY-HELD
BUSINESS IN THE
UNITED STATES

CHANGING THE SCIENCE OF HEALTH

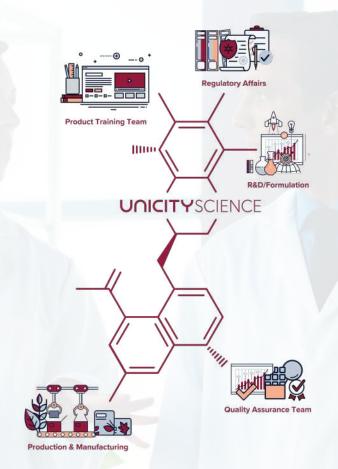
Lead by an elite team of top scientists, Unicity is dedicated to the development of cutting-edge products to improve quality of life for people everywhere.

Driven by the desire to "Make Life Better", the Unicity Science team works closely with university and research institutes, using revolutionary scientific technology and the latest scientific discoveries.



OUR MISSION OF HEALTH

We work hard to provide people everywhere on the planet with the opportunity for a better quality of life. Unicity creates innovative, science-based products and programs for increased metabolic health. Our hard work delivers results – and we're proud of that.





PRESCRIBERS' DIGITAL REFERENCE

The annually updated *Prescriber's Digital Reference* (formerly the *Physician's Desk Reference*) is the standard reference work in the U.S. and worldwide for drugs and nutritional supplements. Presently, 17 Unicity products are listed in *Prescriber's Digital Reference*, including BIOS 7, Unimate, and Omega Life-3 Resolv. In fact, Unicity has twice as many products in the PDR compared to any other nutraceutical company in our field.



KÖLNER LISTE

The renowned *Cologne List*® has been listing dietary supplements with a minimized risk of doping since 2006 and is considered the first and largest doping prevention platform for dietary supplements worldwide. Unicity is proud to be listed here with several products, including Unicity Complete -Vanilla, Balance, Matcha X AM, Matcha X PM, Super Green and Unimate.



INFORMED CHOICE

Informed Choice is another important quality assurance program for sports nutrition. Informed Choice certified supplements have been tested for banned substances by the world-renowned LGC Anti-Doping Laboratory. Bios Life, Matcha and Unimate are listed here among others.

STEP BY STEP TO METABOLIC HEALTH

A healthy lifestyle isn't complicated. Even small changes in everyday life can have incredible effects on your well-being! Get used to these healthy habits and follow the three steps of the Unicity program.



HYDRATE

Sufficient hydration is a prerequisite for the optimal functioning of the body, since water plays a critical role in natural metabolic, digestive and cellular regeneration processes.



EXERCISE

Get going! Regular exercise lifts your mood, boosts metabolism, increases muscle mass and teaches the body to burn more calories at a faster rate, even when at rest.

THE UNICITY PRODUCT PROGRAMME

We want each of us to make the most of our lives. For this, we have developed a sustainable and comprehensive concept.



STEP 1 - CLEANSE

A fresh start to a healthy life begins with the cleansing of your digestive system as the foundation for effective digestion and metabolic health. Get rid of toxins and waste and prepare for an optimal nutrient uptake.

STEP 2 - BALANCE

Restore the balance of your body after cleansing with the right nutrients to bridge nutritional gaps. A well-balanced body will help you control your weight management and energy balance. This is how you achieve the stability and confidence for a good life

STEP 3 - BUILD

Targeted building involves strengthening muscles and bones, more mental clarity and many other metabolic aspects – from intestinal health to the circulatory system. Become your best self for the life you always wanted to live.



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CLEANSE - DETOX

Help your body free itself from waste and pollutants and build up a healthy intestinal flora. The Unicity products help your body to cleanse your digestive system gently but thoroughly and prepare it for optimal nutrient absorption.







UNICITY CLEANSE

Complete cleansing programme for optimal digestive health.

Cleanse is an effective, 30-day power program to support intestinal cleansing and promote a healthy intestinal flora. Support the intestinal function with valuable plant substances and look forward to a healthy gut feeling.

Unicity Cleanse contains Unicity Paraway Plus, Unicity LiFiber and Unicity Aloe Vera.



Paraway Plus provides a patented blend of high quality herbal ingredients and medicinal herbs.



Aloe Vera has a long tradition as a product for physical wellness.



LiFiber offers a combination of carefully selected dietary fiber for healthy digestion











LIFIBER

The high-quality dietary fibre blend Unicity LiFiber offers natural support for your digestion as well as your overall wellness. LiFiber contains soluble and insoluble dietary fibre, beneficial herbal and plant extracts as well as prebiotics to promote a healthy microbiome in the intestine, which in turn supports efficient digestion and the whole metabolism. Take LiFiber regularly to promote your intestinal health.

454 g



Insoluble fibre promotes intestinal cleansing



Supports weight management by promoting satiety



Supports gastrointestinal mobility to enhance the elimination of waste





NATURE'S TEA

A healthy digestive system is the foundation of any effective wellness program!

Enjoy Unicity Nature's Tea® for a gentle, but effective cleansing of the intestines. Proven herbs, medicinal plants and vitamins help regulate digestion and provide you with important nutrients.

30 Tea Bags



Gentle, natural support against occasional constipation and bloating



With important vitamins and nutrients for the immune system











SUPER GREEN

Super Green for superpower! In order to optimally prepare the body for the absorption of nutrients, our acid-base balance must be in balance. Choose Unicity Super Green with gently concentrated chlorophyll from the valuable alfalfa plant and niacin for fresh energy and well-being.

92 g



Antioxidant effect for protection against free radicals



Contributes to the healthy functioning of the digestive system



Supports the acid-base balance of the body





BODY & WEIGHT MANAGEMENT

Genuine, sustainable well-being ensues when our body is in balance - with a smoothly functioning metabolism.

For decades Unicity has been developing scientifically based products for a healthy metabolism. In conjunction with a few simple nutritional principles and sports, they will help you become your best self.

7







COMPLETE VANILLA

This delicious protein shake offers you a protein-rich meal in a glass and is prepared in no time at all. Start your day right with Complete® Vanilla! One serving already contains the daily dose of many essential amino acids, vitamins and minerals. The high protein content keeps you full for a long time, helps against cravings and supports your body in muscle building and regeneration – perfect for athletes and all those who want to watch their weight.

1.104 g

CHOCOLATE | 1.110 g

Sweetened with stevia and contains neither sucralose nor soy

VEGAN VANILLA I 690 g



Scientifically researched combination of proteins to provide your body with a constant supply of energy and help you build lean muscle mass



An optimal blend of many essential vitamins and minerals for a balanced diet



Natural dietary fibres provide an increased sense of fullness











BALANCE

Support your fat metabolism with Balance! The beneficial dietary fibres in Balance ensure that the blood glucose level rises more slowly after eating and thus less insulin is released. The lower the amount of insulin released, the easier it is for the body to draw on its own fat reserves for energy production. In addition, Balance regulates your digestion and keeps you fit with valuable vitamins and minerals.

60 Sachets



Soluble fibre blend helps maintain healthy sugar levels



Supports weight management



Contains necessary vitamins and minerals to supplement daily nutrient intake











BIOS 7

Unicity Bios 7 contributes significantly to your metabolic health. It's patented fibre matrix with valuable dietary fibre, prebiotics and antioxidants supports digestion and promotes the intestinal flora which plays a key role for our metabolism. Bios 7 contains high-quality dietary fibre to promote satiety and support balanced glucose and insulin blood levels. This helps avoiding cravings and supports fat burning. Bios 7 gives you a brand-new feeling of well-being!

60 Sachets



Promotes growth of beneficial gut bacteria to support a healthy digestive system



Fibre helps regulate blood sugar levels



Contains nutrients for targeted support of the healthy immune system





The program for metabolic health

Unicity Activate is a simple but comprehensive health program with effective products, simple guidelines and intelligent tools. It helps your body relearn to use both carbohydrates and its own fat deposits for its energy needs – for a greater metabolic flexibility and better health.

Our Activate products with healthy fats and lots of protein help you lay the foundation for a balanced, low-carb diet. When your body learns to use its own fat deposits for energy production again, you benefit in many ways:



More effective weight management



Increase in mental & physical energy



Radiant appearance

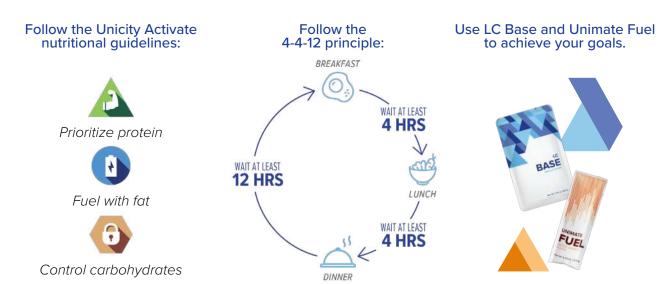
Have fun and succeed with the Activate App!





Do you want to get in shape with Activate? Then download our Activate App today and take your personal nutrition guide with you wherever you go. With lots of tips & infos and a meal tracker to help you optimise your time in the fat-burning zone! https://mobile-redirects.unicity.com/#/activate.

3 SIMPLE STEPS TO SUCCESS WITH ACTIVATE



Want to learn more about Activate? Download our free Activate App from the Playstore or the Apple App Store! It offers lots of valuable information about Activate and shows you what to eat so you can spend as much time as possible in the fat burning zone.









LC BASE

LC BASE is a premium meal replacement for low-carb nutrition.

The tasty, nutritious shake with a subtle vanilla flavour is packed with healthy fats and valuable protein that keep you full for a long time. Due to the low carbohydrate content, it has a minimal effect on the rise of your insulin levels – the prerequisite for the body to be able to use its fat deposits as fuel.

60 Sachets



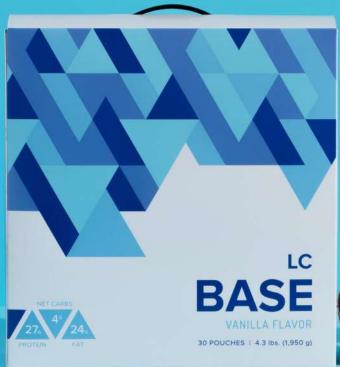
Ideal ratio of fat, protein and carbohydrates



High-quality protein with the highest possible amino acid index (1.0)



Easily digestible, healthy fats from coconut oil and whey protein













UNIMATE FUEL

Often it is not the main meals that make weight management challenging, it is the snacks!

But sometimes you just need a little something to stay energetic and prevent cravings. This is the right moment for Unimate Fuel with coconut oil and yerba mate. Its delicious salted caramel flavor helps fend off sugar cravings and provides energy – perfect for a good start in the morning or as a snack in between.

60 Sachets



Promotes the feeling of satiety without breaking the fast



Coconut oil with a high content of easily digestible, medium chain fatty acids



High-quality, concentrated yerba mate for mental clarity and energy







SPORT & FITNESS

Do you want more power, a better mood, restful nights, a toned body and an optimized metabolism? Then start moving – there's (almost) nothing that can't be improved by some exercise! Unicity products are the perfect addition to your fitness programme because they give you the energy you need to achieve your goals. Let's get going!







MATCHA X

Are you looking for an extra kick for your active lifestyle?

Then the MATCHA X system is perfect for you! The MATCHA X AM/PM system represents a whole new approach to weight and body management because it is specifically designed to promote fat burning 24 hours a day. Matcha X AM stimulates your metabolism and gives you the energy you need for a successful day. Matcha X PM stimulates the heat metabolism, the so-called thermogenesis, to burn fat and convert it into energy at night. Just the energy boost you need for more efficient training and an optimal metabolism!

30 Sachets

MATCHA X AM | MATCHA X PM | MATCHA X DUO



Pytamines in green tea promote thermogenesis for optimal fat burning



Caffeine provides healthy energy and boosts metabolism



Flavonoids protect the body from free radicals and thus from potential cell damage.







LC SNAP

Of course, a carefully prepared, healthy meal is always the best choice, but sometimes you just need a quick fix! If you still don't want to do without a balanced snack, enjoy our protein bar Unicity LC SNAP, the clever alternative if you're in a hurry.

LC SNAP contains high-quality ingredients and macronutrients as well as extra prebiotics for a healthy microbiome. Compared to the Unicity LC shakes, LC SNAP provides four times the dietary fibre, 15 grams of protein and only two extra net carbohydrates – a delicious power pack!

10 Bars

CHOCOLATE MALT



Convenient meal replacement on the go that keeps you full for a long time



Easily digestible whey protein increases energy and fullness



Prebiotics promote the microbiome and thus metabolic health







ENERGY & CONCENTRATION

n our hectic world, it is more important than ever to keep calm and stay fit and concentrated in everyday life. Unicity products give you the mental strength you need to easily manage your to-do list. Keep calm and carry on!









UNIMATE

With Unicity Unimate, every day feels like a success! Unimate contains only high-quality Yerba mate, which has been refined through a special process in order to concentrate the nutrients carefully. Available as Unimate Citrus Mint and Unimate Lemon with tangy citrus flavor. Enjoy your day!

LEMON I 30 Sachets

CITRUS MINT I 30 Sachets





high levels of antioxidant chlorogenic acid



with caffeine and theobromine for increased energy and focus









MATCHA ENERGY

For those who want to make the most of every moment: Unicity Matcha Energy contains our exclusive Chi-Oka Matcha green tea, guarana, yerba mate and other ingredients to provide you with a natural, sustainable energy boost and relaxed concentration.

The caffeine and theophylline contained in Matcha Energy are slowly absorbed and metabolised by the body through the intestines, so that no performance low occurs.

The high content of antioxidants, vitamins and other nutrients enhances your fitness and helps to reduce stress.

30 Sachets or 15 Sachets



Highly effective antioxidants protect against free radicals



Natural support for a healthy metabolism



L-theanine from green tea supports concentration











Energizes your body and mind

MATCHA FOCUS

Keep in top form mentally and don't let stress get to you in the first place!

Unicity Matcha Focus with exclusive Chi-Oka Matcha green tea and other natural ingredients helps you increase your concentration, reduce stress and achieve inner calmness.

Matcha Focus is low in caffeine but still gives you an energy boost and supports your health with numerous vital nutrients.

Experience the power of Zen!

30 Sachets



Helps in maintaining electrolyte balance



L-Theanine from green tea helps in increasing mental focus











BIO REISHI COFFEE

For all those who expect more from their coffee: Unicity Bio Reishi Coffee is a delicious 3-in-1 coffee blend enriched with high purity *Ganoderma Lucidum*.

In ancient China the fungus *Ganoderma Lucidum/ REISHI* was considered so valuable that its healing properties were reserved exclusively for the highest rulers.

Now you can enjoy this treasure every day in a cup of Bio Reishi Coffee!

20 Sachets



Ganoderma extract supports blood circulation and the immune system



For more concentration and mental strength



Supports fat metabolism







BONES & JOINTS

If you want to stay fit, you need to be mobile!

Give your joints the nutrients they need to stay strong and healthy. Keep on moving!



COQ10

Unicity CoQ10 Advanced Formula offers 60 mg high-quality coenzyme Q10 per capsule as a daily food supplement. Co-enzyme Q10 – also called ubiquinone 10 is very important for energy metabolism and is found in the body mainly in cells with high energy requirements. And of course it is considered as a secret weapon for anti-aging!

30 Capsules



Co-enzyme Q10 plays a role in heart health



Supports the utilisation of vitamin E against free radicals



JOINT MOBILITY

Healthy joints are crucial for your long-term mobility!

Exercise and a healthy diet are vital factors for joint health but maintaining a healthy inflammation level also plays an important role. In addition to turmeric extract and Boswellia, Joint Mobility contains valuable type 2 collagen also found in our joints.

60 capsules



Collagen type 2 ensures stable and elastic cartilage tissue



Curcuma shows anti-inflammatory effect in studies







BUILD HEALTH

Everyone is different - and everyone has different needs and challenges, which we must face in everyday life. With Unicity you can give your body the targeted support it needs for optimal well-being.



OMEGA LIFE-3 RESOLV

Power for your active life: Omega Life-3 Resolv contains a highly effective combination of concentrated fish oil and other ingredients through which our body is able to optimally utilize the DHA and EPA contained in Omega-3 and convert them to resolvines — molecular powerhouses which provide a healthy level of inflammation in the body.

Omega Life-3 Resolv is the only product of its kind worldwide that optimizes the production of resolvines from DHA and EPA and increases it by up to ten times! You will feel the difference right after taking it!

120 Capsules



Supports a healthy cardiovascular system and blood pressure



Contributes to normal cognitive function and better memory performance



Supports gene expression, as omega-3 fatty acids are crucial for cell metabolism











HAWAIIAN NONI

For well-being from the core: Hawaiian Noni promotes the gut microbiome and thus supports the body's immune system and the digestive system.

Our microbiome consists of a multitude of microorganisms, which have a decisive influence on metabolism and general well-being. This is why Hawaiian Noni now contains fructooligosaccharides (FOS), a prebiotic that promotes the growth of good gut bacteria – for a healthy and robust metabolism.

30 Sachets



Noni is considered an ancient medicinal plant with a variety of positive effects



Fructoligosaccharides (FOS) support the microbiome and thus intestinal health



With Aloe Vera to support the digestive function





PROBIONIC PLUS

A healthy intestinal flora in balance is crucial for the health of our digestive system and metabolism in general. Unicity ProBionic Plus contains eleven probiotic strains that help the body restore the balance of healthy bacteria in your intestines. These probiotic strains are microencapsulated so that they can pass through the stomach without being damaged and fully work in your digestive system.

30 Sachets



Eleven probiotic strains to promote and regenerate the biodiversity in the digestive tract



Complementary effect of probiotic strains for maximum efficacy





Prostate TLC supplements provide you with a broad array of nutrients and phytosterols, aimed to help maintain healthy prostate and urinary function in men. Extracts from saw palmetto, lycopene and stinging nettle actively enhance overall health and performance with effective prostate care.

120 Capsules



The fruits of the saw palmetto are used specifically for prostate problems



Lycopene demonstrably supports prostate health





IMMUNIZEN

Give your immune system an extra boost with Immunizen! The patented Intact® Colostrum in Immunizen has powerful antioxidant properties and activates the immune cells. Thus, it supports and complements the natural ability of the body to maintain a healthy immune system. It also promotes a healthy gut flora, protects the body with antioxidants and supports optimal iron utilization.

60 Capsules



Colostrum with a naturally high content in bioactive immunoglobulin effectively supports the immune system



With numerous vitamins and minerals to strengthen the immune system

LIVER ESSENTIALS

This proprietary formula combines cutting-edge ingredients into an effective formula targeted at making sure the liver has the support it needs to function as the body's protective and filtering organ. Live Essentials promotes the health of the liver, bile ducts, and spleen. High-quality antioxidants offer additional, effective protection for the cells.

90 Capsules



Numerous valuable plant and herbal extracts to support healthy liver function



Powerful antioxidants for healthy cells







RENEW FOR MEN

Man stay strong: Treat your circulation to an extra energy boost with Unicity Renew for Men!

This proprietary herbal blend is specially formulated to meet the needs of the male organism and helps you stay in top form.

210 Capsules



L-Arginine has an antioxidant effect and supports vasodilatation and blood circulation



Earth thorn (Tribulus Terrestris) is a traditional Chinese medicinal herb for promoting blood circulation



RENEW FOR WOMEN

Women's Power: Renew for Women contains active ingredients such as Ashwagandha and numerous other plant extracts to support circulation and strengthen your system.

240 Capsules



Promotes and maintains mental and physical endurance



With Ashwagandha, Ginkgo Biloba, Ginseng and L-Arginine to support blood circulation



VISION ESSENTIALS

Always keep an eye on your health - literally!

Unicity Vision Essentials contains a proprietary, highly effective blend of berries whose antioxidant properties are designed to help keep your eyes healthy.

60 Capsules



Very effective protection due to the mixture of fat- and water-soluble antioxidants



Supports healthy eye function



BIO-C

Healthy and strong with vitamin C: Unicity Bio-C contains various forms of highly effective vitamin C in combination with citrus bioflavonoids.

60 capsules



helps to protect cells from oxidative stress



supports the normal energy metabolism





BASICS FOR A BETTER LIFE

Our environment has a decisive influence on our well-being. Decide carefully what you let into your home - for yourself and your family.



BODY WASH

Our skin is our largest organ and the body's most important barrier against external influences.

Treat yourself and your skin with this moisturising body wash.

350 ml



Gently but thoroughly cleanses even sensitive skin without drying it out



Controls oil and water balance on skin



BODY LOTION

Sun, wind, air pollution, heating air - there are many factors that can irritate our skin!

Unicity Body Lotion helps to moisturize the skin thoroughly and sustainably, leaving it supple and resistant.

350 ml



Strengthens the skin's moisturizing barrier



Works against free radicals, an important factor in skin aging





BOSUNG GREEN TEA BAR SOAP

One for (almost) all: The Bosung Green Tea Beauty Soap with antioxidant green tea extract and other ingredients cleanses without drying out the skin, removes body odours and leaves the skin clean and soft.

100 g



With bamboo salt, traditionally credited with anti-inflammatory effects



Vitamin C helps reverse the signs of aging by fighting off free radicals



TOOTHPASTE

Our teeth are precious - after all they have to last a lifetime!

Unicity toothpaste with proven herbal extracts not only freshens your breath, but helps you maintain oral hygiene and dental health.

180 g



With dental silica and calcium carbonate against plaque



Helps prevent dental calculus deposition with sodium pyrophosphate

DAILY SUNCARE SPF 50

Essential for healthy and youthful skin: Unicity Daily Suncare SPF 50 protects against harmful sun radiation and helps prevent early signs of aging and skin damage.

50 ml



Protects against UVA and UVB radiation



Moisturizes and protects against free radicals





SHAMPOO

Healthy hair starts at the scalp: Unicity Shampoo cleans your hair and scalp thoroughly so that the scalp can breathe, and your hair can grow healthily.

275 ml



Thorough cleansing of hair and scalp with eucalyptus and tea tree oil



Removes dandruff and waste from the scalp



CONDITIONER

For smooth, healthy hair: The Unicity Conditioner supplies your hair with powerful amino acids, provides moisture and protects against harmful environmental influences.

275 ml



Contains 11 amino acid components to help coat hair



For flexible, supple hair



UNICITY

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