

UNICITY BALANCE

Feel Your Best – extra fit with fibre

Each Unicity product is designed to make your life better.

Our great science-based products can help support your metabolic functions significantly and provide you with more energy and wellness!



IDEAL FOR ALL THOSE WHO...

- want to get active for their health
- are looking for support for their weight management

PRODUCT DESCRIPTION

Staying fit, controlling our weight and being in good shape – that's what we all want!

Get the effective support that you need for your healthy lifestyle with Unicity Balance. This vitamin-rich dietary fibre drink offers a whole range of benefits: If you drink Balance before a meal, the fibre it contains will help slow the absorption of glucose into the bloodstream and reduce the increase in glucose and insulin levels. This optimizes fat burning. You will feel full for longer whilst improving your digestion.

Balance is the perfect supplement to a healthy diet and your sports program. Get yourself in top form both externally and internally!

CONTENT

435 g

Serving size: 1 sachet (7.25 g)

Servings per package: 60

RECOMMENDED USE

Mix the contents of one sachet with 250 ml water.

Shake well and consume immediately.

Drink twice daily approx. 10 min. before a meal.

For optimal tolerance drink with plenty of water!*

INGREDIENTS & BENEFITS

- dietary fibres ensure prolonged fullness and slow down the sugar absorption in the blood
- contributes to the normal functioning of digestive enzymes
- contributes to a normal energy metabolism
- supports healthy cholesterol and triglyceride levels
- helps protect the cells from oxidative stress
- contributes to a normal functioning of the immune system
- helps to reduce fatigue and exhaustion
- supports the maintenance of healthy skin and hair



COLD



SHAKE

UNICITY BALANCE

Recommendation for weight management: For an even better result, stick to the 4-4-12 rule. Take a break of at least 4 hours between meals during the day, during which you consistently eat nothing – not even small snacks! Also make sure that there are at least 12 hours between dinner and breakfast. These intervals optimize fat burning!

For even more effect, combine Unicity Balance with Unicity Complete® to combat cravings and help burn more fat.

INDEPENDENT RECOMMENDATION

Unicity Balance Cholesterol is proven to be free of doping relevant substances and has been included on the *Cologne List*®.



UNICITY SCIENCE

Find out more about our scientific work on Unicity products at unicityscience.org.

NUTRITIONAL VALUES

Average Nutritional Values per Sachet

	Per Sachet	
Energy	70 kJ • 20 kcal	
Protein	< 0,5 g	
Carbohydrates	3 g	
of which Sugars	0 g	
Fiber	3,5 g	
Sodium	0 010 g	
Vitamin A (from pro-vitamin A)	260 µg	32%*
Vitamin B1	1,75 mg	(159%*)
Vitamin B2	1,75 mg	(125%*)
Vitamin B6	1,75 mg	(125%*)
Vitamin B12	2 5 µg	(100%*)
Niacin	20 mg	125%*
Folic Acid	220 µg	110%*
Vitamin C	45 mg	(56%*)
Vitamin E	13,7 mg	(114%*)
Chromium	100 µg	250%*

Portion size & recommended daily amount to consume 1 Sachet à 7,25g

% recommended daily intake

INGREDIENTS

Guar gum, orange flavour, thickener: hydroxypropylmethylcellulose, gum arabic, corn maltodextrin, locust bean gum, white bean extract, pectin, oat fibre, orange juice powder, acidifier: citric acid, ginseng flavour, calcium carbonate, L-ascorbic acid, beta-carotene, beta-glucan, sweetener: sucralose, alpha-tocopheryl acetate, niacinamide, zinc gluconate, folic acid, biotin, thiamine hydrochloride, pyridoxine hydrochloride, riboflavin, broccoli powder, sodium selenite, chromium chloride, cyanocobalamin.



NOTE: * Ingestion of this product without sufficient liquid may cause retching.